



Continue on Your Path to Success

Verify your eligibility for Tuition Assistance Plan Benefits today by calling **800-NFL-GOAL (635-4625), prompt 1** or email us at **NFLTuitionAssist@Alight.com**.

Eligible Expenses

Tuition, Fees, and Books: 100% – up to the maximum allowable benefit.

Trade School and Business Management Program Benefits

Active and Former Players: Trade schools (also known as technical or vocational schools) and approved Business Management programs are eligible for tuition reimbursement at qualifying institutions¹ only. Call to confirm that your school or program qualifies.

ACTIVE PLAYERS

Up to **\$20,000** per Plan Year for the 2022–2025 Plan Years²

Eligibility Requirements (except for Practice Squad Benefit)³

- Minimum of 1 Credited Season before the Semester begins.
- Must be on a game roster in a Qualifying Status (Active, Inactive or Injured Reserve) for the regular season or postseason.

Practice Squad Benefit Eligibility³

- 3 games on Practice Squad in the season.
- \$5,000 for reimbursable expenses in the Plan Year that the above season occurs.⁴
- Generally, a Player must use the benefit in that Plan Year, or following Plan Year.

FORMER PLAYERS

Up to **\$85,000** Lifetime Maximum for Credited Seasons Earned

Credited Seasons

Lifetime Max

2	\$25,000
3	\$45,000
4	\$65,000
5+	\$85,000

Eligibility Requirements

- Expenses must be incurred within 72 months⁵ of the first day of the Plan Year following your last regular or postseason game.
- Eligible expenses are “incurred” on the date the expenses are paid.

Important Reminders

Benefit Period Extension (Tolling)

- Tuition Benefits for Former Players are being extended for the two-year period when the Plan was suspended.
- The chart (right) shows the extended benefit timeframes.
- As of the 2022 Plan Year, there is no longer a Benefit Period Extension and will have the regular 72-Month End Date (8/31/2028).

Tolling Extensions

First Plan Year Eligible	72-Month End Date	Benefit Extension
2016	8/31/2022	8/31/2024
2017	8/31/2023	8/31/2025
2018	8/31/2024	8/31/2026
2019	8/31/2025	8/31/2027
2020	8/31/2026	8/31/2028
2021	8/31/2027	8/31/2028

Steps to access your Benefit on back.



ACCESS YOUR BENEFIT IN 3 EASY STEPS

1

Verify Eligibility

Specific eligibility rules for Players, qualifying institutions and classes apply; call **800-NFL-GOAL (635-4625), prompt 1** or email us at **NFLTuitionAssist@Alight.com** today to verify eligibility before signing up and paying.

2

Submit Reimbursement Request and Supporting Documentation

Must be received within 6 months of the date the class is complete. Class is considered complete the earlier of the date the grade is posted or 30 days after the last final of the semester.

3

Receive Your Reimbursement Check

Payment subject to meeting all Plan rules.

¹ An institution is qualified if it is found eligible by the United States Department of Education for the Federal Financial Aid program, or is otherwise approved by the Plan Administrator or the Plan Committee.

² Remaining balance may be used in following Plan Year if Player not otherwise eligible in following Plan Year. A Plan Year is September 1 – August 31.

³ New eligibility rules went into effect beginning 9/1/2020.

⁴ If Practice Squad Player becomes eligible for the Active Player benefit in the same Plan Year by earning or having a Credited Season, he gets the \$20,000 Active Player benefit instead of the Practice Squad benefit.

⁵ See Benefit Period Extension.