



NATIONAL FOOTBALL LEAGUE

Annual Tests NFL Policy on Performance-Enhancing Substances

Every NFL player must complete an annual test for performance enhancing substances. The annual test:

1. Is completed during training camp or when you sign/report to the team facility.
2. Notification is done via text message by the Drug Free Sport Collector. During Training Camp you will be notified by the collector the evening prior with a scheduled testing time at the cell phone number you have listed as *My Cell Phone* on the NFL Drug Policies Contact Information website <https://pesnfl.com>. Please confirm your number is correct and if your number changes, be sure to update it immediately. Failure to appear for testing at the scheduled time due to an incorrect My Cell Phone number in the NFL Policies Contact Information Website is considered a lack of cooperation with testing and will be handled in accordance with the Policy.
3. Includes a percentage of players on each team randomly selected for HGH blood testing.
4. Includes a percentage of players on each team randomly selected for THC urine testing with results being reported to Medical Advisor of the NFL Policy and Program on Substances of Abuse.
5. Requires you to report to the designated testing area at your scheduled time.
6. **Requires you to present either a government issued photo ID or an official team photo ID to the collector to complete the test.** If you do not have one of the above acceptable IDs, the test will be completed and you must provide the collector your ID on a subsequent testing day.

If you have any questions, please contact me by phone or text message at 614-620-6052 or e-mail at jlombardo@drjalombardo.com.

A handwritten signature in cursive script that reads 'John A. Lombardo'.

John A. Lombardo, MD
Independent Administrator of the NFL Policy on
Performance-Enhancing Substances

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