



## Warning: Contaminated Meat

There is evidence that some meat produced in China and Mexico may be contaminated with clenbuterol, an anabolic agent which is banned by the NFL Policy on Performance-Enhancing Substances. Consuming large quantities of meat while visiting those particular countries may result in a positive test for clenbuterol in violation of the Policy.

Players are warned to be aware of this issue when traveling to Mexico and China. Please take caution if you decide to consume meat, and understand that you do so at your own risk.

Please remember that as stated in the NFL Policy for Performance-Enhancing Substances: "Players are responsible for what is in their bodies."