



## NATIONAL FOOTBALL LEAGUE

### Annual Tests NFL Performance-Enhancing Substances Policy

Every NFL player is to be tested for performance enhancing substances during training camp. For the annual test:

1. The evening prior to testing the Drug Free Sport Collector will notify you via text message of your scheduled drug testing time. The collector will contact you using the cell phone number you have listed as *My Cell Phone* on the NFL Drug Policies Contact Information website (<https://pesnfl.com/cmservices/#/login>). Please confirm your number is correct and if your number changes, be sure to update it immediately. Failure to appear for testing at the scheduled time due to an incorrect My Cell Phone number in the NFL Policies Contact Information Website is considered a lack of cooperation with testing and will be handled in accordance with the Policy.
2. 20% of players on each team will be randomly selected for HGH blood testing.
3. On the day of testing you must report to the designated testing area at your scheduled time.
4. **You must present either a government issued photo ID or an official team photo ID to the collector to complete the test.** If you do not have one of the above acceptable IDs, the test will be completed and you must provide the collector your ID on a subsequent testing day.
5. If you provide a dilute or incomplete sample, your sample will be tested in accordance with the policy.
6. Late reporters will be tested upon their arrival to the team facility.

If you have any questions, please contact me by phone or text message at 614-620-6052 or e-mail at [jlombardo@drjalombardo.com](mailto:jlombardo@drjalombardo.com).

A handwritten signature in black ink that reads 'John A. Lombardo'.

John A. Lombardo, MD  
Independent Administrator of the NFL Policy on  
Performance-Enhancing Substances

June, 2024