To: NFL Players

Re: Performance Enhancing Substances ("PES") Policy

The PES policy requires players to inform Dr. John Lombardo, the Independent Administrator of the PES Policy, of any change in location, new contact information, or travel plans. Maintaining accurate location and contact information is especially important during the off-season as players typically are not at the team facility.

To make such updates, players should access the NFL Drug Policies Contact Information website located at https://pesnfl.com/cmservices/#/.

Your team/trainer will help you enter your information into the system before you depart for the off-season. If you have any trouble accessing the site, contact Dr. Lombardo at (614) 620-6052 or by email at JLOMBARDO@DRJALOMBARDO.COM.

When you access the site, the database does not record your location as there is no GPS functionality that links the location of your phone/computer to when you log-in. The information provided is only used by designated team employees, Dr. Lombardo, and authorized employees of the collection company.

The website does not change the PES Policy testing requirements or your obligation to provide accurate and up-to-date location and contact information. A copy of the PES Policy is available [here](https://pesnfl.com/cmservices/#/).

Please be aware that failing to maintain current information can be considered a violation of the PES Policy and result in a fine and/or suspension.

If you have any questions about your responsibilities under the policy, please contact me at (800) 372-2000 (office), (703) 624-9663 (cell), or by email at Todd.Flanagan@nflpa.com.

Thank you,

Todd Flanagan
Staff Counsel