

Using the NFL TUE Portal to Submit a TUE Application to the NFL Policy on Performance-Enhancing Substances

All Therapeutic Use Exemption (TUE) applications for active NFL players, Free Agent players and Draft Eligible/College Players must be submitted through the NFL TUE Portal for Review. As a reminder, **if an athlete tests positive for a prohibited substance prior to being granted a TUE, the positive test will constitute a violation of the Policy with all the ramifications of a violation.**

Review the TUE General Requirements, specific requirements by diagnosis and this document prior to starting the application on the NFL TUE Portal. You must complete the application in one sitting. If you have any questions on TUE requirements, contact John Lombardo, MD, Independent Administrator, NFL Policy on Performance-Enhancing Substances at jlombardo@drjalombardo.com prior to starting an application.

1. Go to <https://nfltue.com>
2. Click on **Sign In**



Therapeutic Use Exemptions



3. Select **New Outside Application**



User Sign In

Email

Password

[Sign in](#)

[New Outside Application](#)

[Forgot your password?](#)

[Didn't receive confirmation instructions?](#)

[Didn't receive unlock instructions?](#)

[Player Sign In](#) [Provider Sign In](#)

4. Complete the New TUE Application form and when complete click **Create Application**

The form is titled "New TUE Application" and is set against a dark blue header with the NFL TUE logo and "Resources Sign In" links. The form sections are:

- Player Information:** Includes fields for First name, Last name, Date of birth, Mobile phone, Email, Address, Address 2, City, Select state (dropdown), Zip code, and Select Athlete Category (dropdown).
- TUE Information:** Includes a Renewal checkbox, Select Condition Category (dropdown), Medication, Dosage, Route, and Frequency.
- Physician Information:** Includes fields for First name, Last name, Degree, Specialty, Email, Phone, Fax, Office name, Address, Address 2, City, Select state (dropdown), and Zip code.
- Your Information:** Includes fields for Your name, Your relation, Your phone, and Your email.

At the bottom of the form, there are two buttons: a green "Create Application" button and a red "Cancel" button. A mouse cursor is pointing at the "Create Application" button.

5. Review Terms of Services and click **Understood** to proceed.

The dialog box is titled "Terms of Service" and contains the following text:

By accepting these terms, I hereby acknowledge and certify that I am authorized to disclose any information or documentation that I submit or upload to this portal for purposes of applying for a Therapeutic Use Exemption on behalf of myself or on behalf of the individual applying for a Therapeutic Use Exemption. I further understand and acknowledge that the acceptance of the player's application for a Therapeutic Use Exemption, the player's medication and dosage that is subject to the Therapeutic Use Exemption, and the expiration date of the player's Therapeutic Use Exemption may be disclosed to the team physicians and/or team athletic trainers for the player's respective Club for treatment purposes.

At the bottom of the dialog box, there are two buttons: a grey "Cancel" button and a blue "Understood" button. A mouse cursor is pointing at the "Understood" button.

6. On the next form, first you will need to add the official medical diagnosis.
 - a. Click on **Search** and then type the official medical diagnosis in the blue bar. Select the correct diagnosis.

- b. Type the official medical diagnosis in the blue bar and select the correct diagnosis.

- c. Once the diagnosis is listed, click **Add Diagnosis**.

- d. This will add the diagnosis to the application.

7. Next, you will need to add the medication the athlete is requesting a TUE to take.
 - a. Click on **Add Medication**, enter the required information (medication name, dosage and frequency).

b. Click **Submit**.

The screenshot shows a form titled "Medications" with an "Add Medication" button in the top right. Below the title is a table with columns for "Name", "Dosage", and "Frequency". The "Name" field contains "Adderall XR", the "Dosage" field contains "10 mg", and the "Frequency" dropdown menu is set to "once a day (AM)". A blue "Submit" button is highlighted with a mouse cursor. Below the table, a red-bordered box contains the text "None selected".

c. This will add the medication to the application.

The screenshot shows the "Medications" form with the "Add Medication" button. The table now contains one row: "Adderall XR" with a dosage of "10 mg" and a frequency of "once a day (AM)". A red "X" icon is visible in the rightmost column of the table, indicating a delete option.

d. If you enter the medication incorrectly, delete the medication by clicking on the red x.

The screenshot shows the "Medications" form with the "Add Medication" button. The table contains one row: "Adderall XR" with a dosage of "10 mg" and a frequency of "once a day (AM)". A red "X" icon is highlighted with a mouse cursor, indicating the delete action.

e. If there are multiple medications, repeat this step to add all medications to the application. Remember medications that need to be entered are medications that contain substances banned under the NFL Drug Policies.

8. Next, go to the required documents section. The required documents based on the diagnosis selected will be circled in red. Each document must be uploaded as a PDF (.pdf). For each document entered, you will need the date of evaluation. The date of evaluation is the date the player was seen by the physician or the date the prescription was written.

a. Select the Date of Evaluation by clicking on **Date of Evaluation** and use the calendar to select the date.

The screenshot shows the "Required Supporting Documents" section. It contains five rows, each with a description of a document, a "Choose file" button, a "Browse" button, and an "Upload File" button. The first row is "Evaluation and Testing (i.e. NeuroPsych) performed to make the diagnosis:", the second is "Initial Medical Note when medication was prescribed:", the third is "Most Recent Medical Note:", the fourth is "Copy of Most Recent Prescription:", and the fifth is "Additional Documents". A calendar overlay is visible, showing the month of February 2022. The date "8" is selected, and a mouse cursor is pointing at it.

b. Select the file by clicking **Browse**. Choose the correct file from your computer.

Required Supporting Documents			
Evaluation and Testing (i.e. NeuroPsych) performed to make the diagnosis:	02/01/2022	Choose file Please select a file.	Browse Upload File
Initial Medical Note when medication was prescribed:	Evaluation Date	Choose file	Browse Upload File
Most Recent Medical Note:	Evaluation Date	Choose file	Browse Upload File
Copy of Most Recent Prescription:	Evaluation Date	Choose file	Browse Upload File
Additional Documents	Evaluation Date	Choose file	Browse Upload File

c. Once the correct Date of Evaluation and File have been added, click **Upload File**.

Required Supporting Documents			
Evaluation and Testing (i.e. NeuroPsych) performed to make the diagnosis:	02/01/2022	Medical Evaluation.pdf Please select a file.	Browse Upload File
Initial Medical Note when medication was prescribed:	Evaluation Date	Choose file	Browse Upload File
Most Recent Medical Note:	Evaluation Date	Choose file	Browse Upload File
Copy of Most Recent Prescription:	Evaluation Date	Choose file	Browse Upload File
Additional Documents	Evaluation Date	Choose file	Browse Upload File

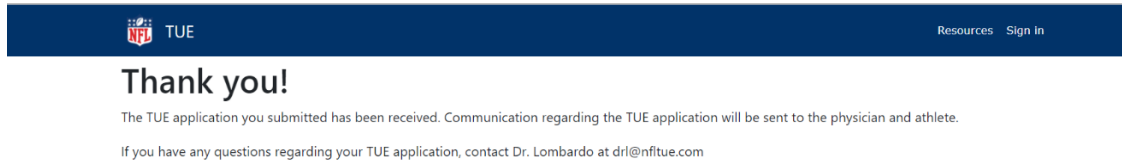
d. Complete this for all required documents along with any additional documents, laboratory results or diagnostic testing.

9. Once you have completed the second form, review the information and when complete click **Submit Application**.

Application Information		
Condition Category: Attention Deficit Hyperactivity Disorder (ADHD)		
Diagnosis		Search
ICD10 Code: F90.2	Attention-deficit hyperactivity disorder, combined type	
Medications		Add Medication
Name	Dosage	Frequency
Adderall XR	20 mg	once a day (AM)
Physician Information		
Required Supporting Documents		
Evaluation and Testing (i.e. NeuroPsych) performed to make the diagnosis: Medical Evaluatio...	Evaluation Date: 02/01/2022	
Initial Medical Note when medication was prescribed: Medical Note.pdf	Evaluation Date: 02/01/2022	
Most Recent Medical Note: Medical Note.pdf	Evaluation Date: 02/01/2022	
Copy of Most Recent Prescription: Medical Note.pdf	Evaluation Date: 02/01/2022	
Additional Documents	Evaluation Date	Choose file Browse Upload File

Submit Application

10. Once you have submitted the application, you will see the following screen.



As a reminder, prior to taking medication banned under the NFL Drug Policies, the TUE Application must be reviewed and **if an athlete tests positive for a prohibited substance prior to being granted a TUE, the positive test will constitute a violation of the Policy with all the ramifications of a violation.** Dr. Lombardo will communicate directly with the athlete and physician regarding the TUE application. If you have any questions, please contact Dr. Lombardo via email at jlombardo@drjalombardo.com.